



Alphacrucis University College

# COURSE HANDBOOK

**Graduate Certificate in Coaching and Mentoring**

*School of Education*

*School of Health and Human Sciences*

Alphacrucis University College Ltd

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# COURSE HANDBOOK



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## GRADUATE IN COACHING AND MENTORING

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### Overview

EQUIPING CHRISTIAN COACHES AND MENTORS	
<b>Graduate Certificate in Coaching and Mentoring (GCM)</b>	Program Director
	AQF Level <a href="#">AQF Level 8</a>
	Qualification Graduate Certificate
	Subjects 4
	Languages of Instruction English
	ASCED Code 090799
	Professional Accreditation N/A
	Course Length 1 year part time <b>This course will be offered part time in 2026</b>
	Entry Requirements <a href="https://www.ac.edu.au/awards/graduate-certificate-in-coaching-and-mentoring/">https://www.ac.edu.au/awards/graduate-certificate-in-coaching-and-mentoring/</a>

### COURSE OVERVIEW

The Graduate Certificate in Coaching and Mentoring is designed to develop highly effective coaches and mentors who can support others to flourish personally, professionally, and spiritually. In today's complex and fast-changing professional environments, coaching and mentoring are recognised as powerful approaches for developing capability, strengthening resilience, and building sustainable leadership capacity.

This program integrates evidence-based practices drawn from psychology, leadership theory, adult learning, and organisational development, and thoughtfully contextualises them within a biblical perspective. Students engage with both theory and practice, developing ethical, relational, and contextually responsive coaching and mentoring approaches that are biblically informed.

Through reflective practice, skill development, and applied learning, students cultivate self-awareness, critical reflection, and advanced interpersonal skills. Graduates will be equipped to build trust, facilitate purposeful dialogue, and empower individuals and teams towards meaningful growth, transformation, and vocational effectiveness.

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The Graduate Certificate also provides a strong foundation for further postgraduate study in education, leadership, or advanced specialisations in coaching, mentoring, and professional supervision.

### PARTNERSHIP

**This course is co-delivered with the National Institute for Christian Education (NICE).** Students in the education pathway will complete some subjects delivered by NICE in collaboration with Alphacrucis University College. For details about NICE, please visit the [NICE website](#).



### Course Structure

Note: Contact the Student Support Team for access to previous course version.

**This course structure applies to students enrolled from Semester 1, 2026 onwards.**

The course structure is based on two semesters (each of 13 weeks duration).

- 20 credit points of core
- 20 credit points of electives

To qualify for award of the Graduate Certificate in Coaching and Mentoring a candidate shall accrue an aggregate of at least 40 credit points, including satisfactory completion of the core subjects noted below.

Content of the course of study		Credit points
<b>Core subjects</b>	CMS501 Listening as transformative practice and leadership CMS502 Coaching Theory and Practice	2 x 10
<b>Elective subjects</b>	<b>Two elective units from below:</b> EDU565 Mentoring, Coaching, and Supervising in Educational Contexts EDU566 Mentoring Pre-service and Beginning Teachers SSC565 Mentoring, Coaching and Supervising in People Helping Contexts SSC461 Introduction to Professional Supervision	2 x 10
<b>Pre-requisites for specific subjects</b>	Pre-requisites are noted on the subject outline. Students must have completed the pre-requisite to enrol in the subject.	
<b>Pathways</b>	Students are recommended to select one of the pathways below to align their learning with their chosen area of practice.	
<b>Education Pathway</b>		<b>Helping Profession Pathway</b>
CMS501 Listening as transformative practice and leadership		CMS501 Listening as transformative practice and leadership
CMS502 Coaching Theory and Practice		CMS502 Coaching Theory and Practice
EDU565 Mentoring, Coaching, and Supervising in Educational Contexts		SSC565 Mentoring, Coaching and Supervising in People Helping Context
EDU566 Mentoring Pre-service and Beginning Teachers		SSC461 Introduction to Professional Supervision

\*Co-delivered by the [National Institute for Christian Education](#)

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### Indicative Course Progression: Education Pathway

Based on a full-time study mode

<b>CORE</b>	<b>ELECTIVES</b>
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Semester 1		Semester 2	
CMS501	Listening as transformative practice and leadership	CMS502	Coaching Theory and Practice
EDU565	Mentoring, Coaching, and Supervising in Educational Contexts	EDU566	Mentoring Pre-service and Beginning Teachers

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## GRADUATE IN COACHING AND MENTORING

### Indicative Course Progression: Helping Profession Pathway

Based on a full-time study mode

<b>CORE</b>	<b>ELECTIVES</b>
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Semester 1		Semester 2	
CMS501	Listening as transformative practice and leadership	CMS502	Coaching Theory and Practice
SSC565	Mentoring, Coaching and Supervising in People Helping Context	SSC461	Introduction to Professional Supervision

### Course Learning Outcomes

Graduates will be able to demonstrate:

- An advanced theoretical and technical knowledge of the essential skills, theory and relevant industry standards for professional coaching and mentoring practice
- Ability of advanced cognitive, technical and communication skills to select and apply methods and technologies to critically analyse, synthesise and evaluate relevant evidence-based research, theory, models and frameworks within a biblically informed perspective and apply these in professional mentoring and coaching contexts.
- Professional practice and problem solving using ethical and biblical principles in professional coaching and mentoring contexts.
- Ability to apply knowledge and skills to demonstrate professional autonomy, well-developed judgement, adaptability and responsibility as a practitioner or learner within the relevant professional contexts.



### Work Integrated Learning

Work-Integrated Learning may be undertaken through various Professional Practice and Professional Experience (EXP) subjects at AC. These subjects seek to create a direct linkage between the learning, skills and values engaged in lectures, and the reflection which occurs when these are applied in real-life settings. These work-based training subjects comprise of instruction, academic assessment and a placement in a workplace for each subject.

*For further information related to Work-Integrated Learning please see the Professional Practice Handbook on Moodle or contact our [Student Support](#) team.*

### Other Course Information

For other course information, such as information on Professional Accreditation and available intakes, visit the course web page:

<https://www.ac.edu.au/awards/graduate-certificate-in-coaching-and-mentoring/>

### Useful Links

#### AC WEBSITE



<https://www.ac.edu.au/>

#### ACADEMIC CALENDAR



<https://www.ac.edu.au/key-dates/>

#### HOW TO ENROL



Please see the [Timetable](#) for available subjects and contact [Student Support Team](#) for tailored academic advice before completing the enrolment form.

#### AC POLICIES



<https://ww1.ac.edu.au/ppm/>

#### LEARNING MANAGEMENT SYSTEM



Enrolled students will have access to AC's [LMS](#)

#### FEES



<https://www.ac.edu.au/fees-financing/>

#### STUDENT FORMS



<https://www.ac.edu.au/forms/>

#### GRADUATE ATTRIBUTES



<https://ww1.ac.edu.au/ppm/graduate-attributes-policy/>

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### Student Support

The Student Support team are available if you need assistance. Email the team via: [studentsupport@ac.edu.au](mailto:studentsupport@ac.edu.au) or book a phone or video call via: [Bookings](#)

Phone: (02) 8893 9005

<https://www.ac.edu.au/student-services/>

For disability support please contact [dso@ac.edu.au](mailto:dso@ac.edu.au)

### Appendix 1

## COURSE PROGRESSION TRACKING TEMPLATE

### Graduate Certificate in Coaching and Mentoring

<b>Student:</b>	
<b>Student ID number:</b>	
<b>Year of commencement:</b>	

Graduate Certificate in Coaching and Mentoring requirements:  
4 subjects (40 credit points): 2 Core Units + 2 Elective units

<b>2 Core subjects Subject Code &amp; Name</b>	<b>Subject Credit Points</b>	<b>Comments</b>

<b>2 Elective subjects Subject Code &amp; Name</b>	<b>Subject Credit Points</b>	<b>Comments</b>