Alphacrucis University College

COURSE HANDBOOK

GRADUATE CERTIFICATE IN WELLBEING STUDIES

School of Health and Human Sciences

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Overview

Graduate Certificate in Wellbeing Studies	Program Director	Sharon Garro
	AQF Level	AQF Level 8 (Postgraduate)
	Qualification	Graduate Certificate
	Subjects	4
	IELTS	6.5
	Languages of Instruction	English
	CRICOS Code	108384D
	ASCED Code	090513
	Accreditation	Self-accredited *(last reviewed 2026)*
	Course Length	1 Semester; Up to 2 years part time.
	Entry Requirements	*https://www.ac.edu.au/awards/graduate-certificate-wellbeing-studies/*

COURSE OVERVIEW

The Graduate Certificate in Wellbeing Studies has been designed to produce graduates who embody integrity, professional knowledge and social skills, making a positive contribution to society in the discipline of applied social sciences.

The course draws on Alphacrucis University College's expertise in social science, counselling and record of educating successful practitioners across a range of contexts. This course introduces students to a broad range of applied social science technical and theoretical concepts. Graduates will have developed skills in critical thinking, problem-solving and communication at a postgraduate level.

Graduates may find employment in a range of professional and educational contexts, not-for-profit and mission-focused organisations and community service-orientated positions.

This course allows flexibility for students who have relevant professional and workplace experience, without a related undergraduate degree. It is also suitable for students who wish to start with a short postgraduate course before applying to a Graduate Diploma of Counselling, or for students who need to exit the Graduate Diploma program earlier than intended.

Course Structure

Note: Contact the Student Support Team for access to previous course version.

This course structure applies from 2022		
The course structure is based on one semester (13 weeks duration). It comprises: • 10 credit points of core subjects • 30 credit points of electives To qualify for award of Graduate Certificate in Wellbeing Studies a candidate shall complete at least 40 credit points, including satisfactory completion of the core units noted below.		
Content of the course of study		**Credit points**
Core Units	SSC410 Psychology of Emotion and Wellbeing	1 x 10
Electives	30 credit points taken from an accredited Level 8 or 9 subject with a SSC code	3 x 10

Recommended Course Progression

Based on a full-time study mode

CORE	ELECTIVES

First Year		
Semester 1		**Semester 2**
SSC410	Psychology of Emotion and Wellbeing	
SSC Elective (400 level or above)		
SSC Elective (400 level or above)		
SSC Elective (400 level or above)		

Course Learning Outcomes

Graduates will be able to demonstrate:
• Integrated understanding of key issues, theoretical concepts and practices within wellbeing studies;
• Knowledge of various approaches used in wellbeing studies within the Christian worldview framework.
Graduates will be able to demonstrate the ability to:
• Critically apply knowledge developed for use in wellbeing studies;
• Use critical, evidence-based and innovative thinking skills to analyse and synthesise ideas and theories from other disciplines related to wellbeing studies;
• Effectively communicate ideas and proposed solutions to peers and general audiences;
• Identify and critically evaluate new developments and scholarship in wellbeing studies.
• Articulate appropriate solutions to emerging challenges in the discipline;
• Evaluate broad conceptual frameworks in wellbeing studies;
• Critically and independently apply the knowledge and skills required as an informed practitioner in the field.

Work Integrated Learning

There is no placement required for this course.

Other Course Information

For other course information, such as information on Professional Accreditation and available intakes, visit the course web page:

https://www.ac.edu.au/awards/graduate-certificate-wellbeing-studies/

Useful Links

AC WEBSITE

https://www.ac.edu.au/

ACADEMIC CALENDAR

https://www.ac.edu.au/key-dates/

HOW TO ENROL

Please see the Timetable for available subjects and contact Student Support Team for tailored academic advice before completing the enrolment form.

AC POLICIES

https://ww1.ac.edu.au/ppm/

LEARNING MANAGEMENT SYSTEM

Enrolled students will have access to AC's LMS

FEES

https://www.ac.edu.au/fees-financing/

STUDENT FORMS

https://www.ac.edu.au/forms/

GRADUATE ATTRIBUTES

https://ww1.ac.edu.au/ppm/graduate-attributes-policy/

Student Support

The Student Support team are available if you need assistance. Email the team via: studentsupport@ac.edu.au or book a phone or video call via: Bookings

Phone: (02) 8893 9005

https://www.ac.edu.au/student-services/

For disability support please contact dso@ac.edu.au

Appendix 1

Graduate Certificate in Wellbeing Studies Course Tracking

Student Name	Start Date	Date Updated

1 CORE SUBJECTS

Subject Code	Pre-Requisite	Subject Name	Notes (Enrolment, exemption)	Credit Points
SSC410	*Nil*	Psychology of Emotion and Wellbeing		

3 ELECTIVE SUBJECTS

Subject Code	Pre-Requisite	Subject Name	Notes (Enrolment, exemption)	Credit Points
SSC				
SSC				
SSC				